

### **Framing the Problem: Corporate Health and Wellness**

1. Chrysalis Performance Inc. research shows that stress in a business contributes to at least 60% of workplace accidents.
  2. In the United States, the number of lost work days for workers challenged by anxiety, stress and neurotic disorders is four times greater (25 days) than the number of work days lost for all other non-fatal injuries or illnesses (an average of six days).
  3. The United Kingdom Mental Health Foundation asserts that, due to rising absenteeism and impaired productivity, mental health issues now cost British employers more than £26 billion per year.
  4. Obese employees have been found, on average, to have 77% higher drug costs and spend approximately 35% more on health services than their colleagues who are at a healthy weight.
  5. A study by Watson Wyatt Worldwide (2007) revealed that short and long term disability claims cost Canadian employers \$33 billion.
  6. The Canadian Policy Research Network estimated that stress-related absences alone cost Canadian employers approximately \$3.5 billion.
  7. The total estimated cost from lost productivity due to sick days alone is approximately \$260 billion in the United States.
  8. 500,000 Canadians miss work every day because of psychiatric problems.
  9. The World Health Organization (2005) reported that Canada was losing approximately \$500 million annually in national income from premature deaths due to chronic disease; they are predicted to reach \$1.5 billion per year by 2015
  10. The Milken Institute (2007) report suggests that the total impact of ill health on the economy in the United States is \$1.3 trillion per year, with \$1.1 trillion of that amount due to lost productivity, while \$277 billion is spent on treatment.
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